

CONTENTS

WELCOME 1
BEFORE YOU VISIT 2
HEALTH AND SAFETY 3
OUR TEAM 4%
YOUR VISIT 5
USEFUL INFORMATION 6
ACTIVITIES
EDUCATIONAL VISITS 7 - 8
PADDLESPORTS 9
TEAM BUILDING 10
BELLBOATING 11
SAILING 12
WHITE WATER RAFTING 13
BOOKING 14
CONTACT INFORMATION 15





WELCOME

Tees Barrage International White Water Centre is one of the UK's leading white water venues. Stationed peacefully on the northern bank of the river Tees we are ideally situated on the fringe of both Middlesbrough and Stockton-on-Tees.

With a large percentage of business coming from schools and education providers, we know this area very well. We aim to provide a safe and fun learning environment outside of the classroom where teaching staff can be sure that they are fully supported in delivering and achieving the desired outcomes for their group.

Combining the excitement of water based activities alongside tried and tested teaching methods, we guarantee a rewarding and fulfilling experience.

From education guidance and activities to useful contacts and safety information, you will find everything you need to begin planning your outdoor activity day right here in this pack.

Tees Barrage International White Water Centre deliver good quality sessions across the board, and always ensure that our aims are incorporated into these sessions. The staff are always professional and helpful. We would definitely recommend them!

Miss S House, Macmillan Academy





BEFORE YOU VISIT



WHEN TO VISIT

The centre is open daily with all activities available throughout the year. The peak season here is March to October which may be more suited to those swayed by the elements! To check time and date availability please contact the centre directly.

SEE FOR YOURSELF

Visiting the centre prior to your booking can be very useful. We will run through all matters of safety and settle any concerns you may have as well as accompanying you on a fully quided tour of the venue.

FREE TASTER DAYS!!

Held twice a year we also welcome teaching staff to join us and experience our activity days at the centre. This will mean wet hair, but more importantly will provide a better understanding of how your group could benefit from an activity day at TBIWWC. These taster days are also totally FREE and all you will need is an old pair of trainers and a towel!

FREE TASTER DAYS!

Call the centre for dates!



Raising awareness and understanding risk is all part of growing up. Learning to deal with these matters in a controlled environment is a great way of allowing young people the opportunity to develop the skills they will need later in life.

Our team will help staff and pupils to promote good practice and learn to avoid, reduce and manage risk.

It is worth mentioning that the benefits of your visit will far outweigh potential risks if they are well managed and groups conduct themselves in a fashion suited to the surroundings.

At TBIWWC all of our staff believe in providing a safe and fun learning environment for all participants.

LICENSING

To ensure that we are operating to industry standards we are licenced by the **Adventurous Activities Licencing Association (AALA)** who inspect our centre to ensure that our safety and operating procedures are in line with best practice for under 18's.

INSPECTION

We are also **accredited by the Royal Yachting Association (RYA)** and the **British Canoe Union (BCU)**, and are inspected annually to ensure our provisions are to the highest standards.

RISK ASSESSMENT

All of our risk assessments, approval certificates and insurance certificates are available upon request which complement our detailed operational and emergency procedures, as the safety of your staff and students is at the forefront of our minds throughout your visit.

тэішшс





OUR TEAM \$

"EXCELLENT DAY, WELL SUPERVISED, THANKS FOR A GREAT TIME!"

Lauren, Oxbridge School

Outdoor education has an inherent risk involved in all activities, but also has huge benefits to the participant. Here at TBIWWC we minimise these by using fully qualified staff and top of the range equipment to ensure students reach their full potential.

All of our staff are fully qualified British Canoe Union or Royal Yachting Association instructors and hold the relevant qualifications to look after you during your visit. We are continually improving our services and carry out ongoing staff training throughout the year.

тэннис

FIRST AID PROVISION

Every member of our team is a trained First Aider and will carry first aid kits with them on all activity sessions.

SAFE GUARDING

We have a Safe Guarding and Protecting Children and Vulnerable Adults Policy which we practice at the centre.

DBS CHECK

All instructional staff have an enhanced DBS disclosure to ensure group safety.







"I would like to thank all involved from initial phone call through to booking, as it was a huge success! all the group want a return session soon!"

Steve Hirst Durham Council



YOUR VISIT

Once you have booked your visit you will be sent all the information needed for your activity including a kit list so all you will need to do is turn up on the day.

EQUIPMENT

All of the watersports equipment that we supply is top of the range and maintained to a high standard. All groups undertaking activities on the water will be issued with a full set of protective clothing including:

- Wetsuits
- Waterproof tops
- Helmets
- Buoyancy Aids

For non water based activities we suggest wearing comfortable clothing and sensible shoes / trainers.

ACTIVITIES

You will met by one of our team in reception at the start of your visit. The instructors will brief the group on the activity that they will be participating in and give an introduction into the equipment and techniques they will be adopting. Following the session the group will be debriefed and then have chance to use our warm showers in the changing rooms.

TRAVEL

M & D Travel offer discount's to schools booking activity days with TBIWWC. Please contact M & D directly to arrange travel requirements to suit your group size.



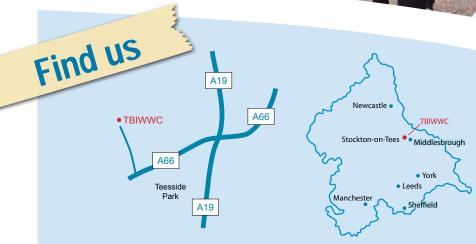
Facilities

- Riverview Cafe serving a variety of hot and cold food and drink.
- Packed lunch can be provided if required.
- The main centre car park has ample coach and car parking.
- The centre is fully accessible for disabled visitors.
- Disabled W/C.
- Changing / Shower W/C facilities.
- Picnic / Outdoor seating area.

CAR PARKING

We have a large car park which can accommodate large coaches. If you are planning to travel by coach please make the centre aware and we can reserve a parking space. Groups should follow the guidance of their leaders and remember that the site is also open to the general public.

TBIWWC



From the A19 North or South

Turn on to the A66 signposted Darlington, keep in the nearside lane and take the exit signposted Teesside Retail Park. Follow the brown tourism signs for Tees Barrage.

From the A66 East or West

Take the exit signposted Teesside Retail Park and follow the brown tourism signs for Tees Barrage.





DURATION: TYPICALLY 2 HOURS

GROUP SIZE: PLEASE CONTACT THE CENTRE AGE: SUITABLE FOR PRIMARY AND SECONDARY

LEARNING OUTCOMES: HANDS ON LEARNING, TEAM WORK

Outdoor education can lead to enhanced motivation and creativity as well as showcasing personal growth and breakthroughs in learning back in the classroom. Our educational visits will give students the opportunity to explore and experiment in natural surroundings as well as a chance to feedback and reflect after their visit.

Not only is the white water course a spectacular site for users and spectators it also has huge benefit linking curriculum based learning to offsite visits. A guided tour of the facilities would tick lots of boxes depending on which educational aspect you wish to fulfil.

TBIWWC





Our guided tours investigate all aspects of the environment around us and get students involved with fun and interactive ways of learning. Each session has hands on games and tasks to keep students curious and focussed on learning. A typical visit could include any or all of the below. Detailed information on a specific area of interest can be determined dependant on your learning objectives.

Ecology, ecosystems and the environment

What is the physical makeup of the environment at this part of the river, what lives within, how data is measured and how does it survive?

Environmental

Flood control. How does heavy rain affect our local river and what can be done to combat flooding?

Historical aspects

How has the river changed over the past 100 years and how has this affected Stockton?

Water Safety

Learn in a safe environment about the dangers of open water and surrounding area's.

Hydrology / Physics

How and why the water does what it does and follows a particular path.

ENGINEERING

How does this fantastic facility work and how can we experiment with this back in the classroom.

TBIWWC

ACTIVITY WORK PACKS WILL BE PROVIDED ON THE DAY OR PRIOR TO YOUR VISIT!





PADDLESPORTS

AGE: MIN 8 (CAN BE TAILORED TO SUIT)

LEARNING OUTCOMES: ABILITY TO LISTEN, UNDERSTAND AND ACT

ON INSTRUCTION, CO-ORDINATION, BALANCE,

FUNDAMENTAL PADDLING TECHNIQUES

Paddlesports is a fast growing and popular area of recreation with many disciplines to discover from sea kayaking, to slalom and canoeing to flat water kayaking.

A paddlesports experience will involve an introduction to the equipment and technique needed to get started on the water, before building up to explore more of the water. A variety of fun and interactive games including 'stuck in the mud' will add a whole new dimension to the word play time!

WHAT'S NEXT...

- Introduction to paddlesports courses
- Paddlesport development courses: Paddlepower or BCU 1, 2 & 3 Star awards
- River Trips on local rivers or further afield







DURATION: 2 HOURS

AGE: MIN 8 (CAN BE TAILORED TO SUIT)

LEARNING OUTCOMES: STRATEGIC THINKING & PLANNING,

COMMUNICATION SKILLS, RECOGNISING ACHIEVEMENT

Our team building games are always a favourite with groups! We offer a range of activities designed to look at a team rather than the individual. Specifically designed games and tasks like 'acid drop', 'duck hunt' and 'raft building' are an excellent way for students to communicate effectively with each other in order to solve problems and have lots of fun in the process!

This is an ideal activity for children who may have issues with confidence and being able to express themselves.



TBIWWC

DURATION: 2 HOURS

AGE: MIN 8 (CAN BE TAILORED TO SUIT)

LEARNING OUTCOMES: RELATIONSHIP BUILDING, TEAM WORK,

WATER CONFIDENCE

Bellboating emphasises planning, communication, leadership and team work skills. It is also a great way to experience the river because it is a very stable craft making it perfect for groups of mixed abilities.

Students will work together as a team in a number of water based games.

As well as having lots of fun and guaranteed entertainment students will use skills applicable to the classroom and real life.





We can provide a wide range of sailing sessions from taster through to qualification and development courses. Sailing can develop weather awareness and a better understanding of the elements. Students will work in pairs to control their boat and learn how to communicate most effectively with one another.

Experiencing the freedom and intrigue of the river in this way will act as a water based classroom to learn skills such as hand eye co-ordination and rope tying techniques.

WHAT'S NEXT...

- Introduction to Sailing courses
- Sailing development courses:
 - RYA stage 1, 2,3 & 4 and RYA Level 1 & 2

ТЗІШШС

ACTIVITIES



WHITE WATER RAFTING

DURATION: 2 HOURS

AGE: MIN 14 (CAN BE TAILORED TO SUIT)

LEARNING OUTCOMES: RELATIONSHIP BUILDING, TEAM WORK

WATER CONFIDENCE

Our highly trained instructors will show you the basics before turning up the heat and taking you down the white water course and tackling the rapids and drops.

The participants will have to work as a team to successfully navigate the full length of the course, but will always come out with a smile if a little wet.

This activity is great as a reward to students or can be made into a competition with teams battling for the fastest time down the course.



