



**TEES BARRAGE**  
INTERNATIONAL  
**WHITE WATER**  
CENTRE

**AIR**  
**TRAIL**  
Tees Barrage

# SCHOOL AND EDUCATIONAL GROUP TRIPS AT TEES BARRAGE





# THE HOME OF ADVENTURE IN THE HEART OF THE NORTH EAST



For prices and availability please contact  
01642 678000 or [enquiries@tbiwwc.com](mailto:enquiries@tbiwwc.com)



# WELCOME

**Tees Barrage International White Water Centre is one of the UK's leading white water venues. Located on the River Tees we are ideally situated on the fringe of both Middlesbrough and Stockton-on-Tees.**

**With a large percentage of our business coming from schools and education providers, we know this area well.**

**“Tees Barrage deliver good quality sessions and always ensure that our aims are incorporated. The staff are always professional and helpful. We would definitely recommend them!”**

**MISS S HOUSE  
MACMILLAN ACADEMY**

We aim to provide a safe and fun learning environment outside of the classroom where teaching staff can be sure that they are fully supported in delivering and achieving the desired outcomes for their group.

Combining the excitement of water based activities alongside tried and tested teaching methods, we guarantee a rewarding and fulfilling experience.

From education guidance and activities to useful contacts and safety information, you will find everything you need to begin planning your outdoor activity day right here in this pack.



# BEFORE YOU VISIT



## WHEN TO VISIT

The centre is open daily with all activities available throughout the year. The peak season here is March to October which may be more suited to those swayed by the elements! To check time and date availability please contact the centre directly.

## SEE FOR YOURSELF

Visiting the centre prior to your booking can be very useful. We will run through all matters of safety and settle any concerns you may have as well as accompanying you on a fully guided tour of the venue.

# HEALTH & SAFETY

At TBIWWC all of our staff believe in providing a safe and fun learning environment for all participants.

## LICENSING

To ensure that we are operating to industry standards we are licenced by the Adventurous Activities Licencing Service who inspect our centre to ensure that our safety and operating procedures are in line with best practice for under 18's.

## INSPECTION

We are also accredited by the Royal Yachting Association (RYA) and British Canoeing. We are inspected annually to ensure our provisions are to the highest standards.



## RISK ASSESSMENT

All of our risk assessments, approval certificates and insurance certificates are available upon request which complement our detailed operational and emergency procedures, as the safety of your staff and students is at the forefront of our minds throughout your visit.



# OUR TEAM

Outdoor education has an inherent risk involved in all activities, but also has huge benefits to the participant. Here at TBIWWC we minimise these risks with fully qualified staff and top of the range equipment to ensure students reach their full potential, gain valuable experience, and make great memories!

All of our staff are fully qualified British Canoeing or Royal Yachting Association instructors and hold the relevant qualifications to look after you during your visit. We are continually improving our services and carry out ongoing staff training throughout the year. Our team have delivered adventure sports across the world and are highly experienced.

**“Excellent day, well supervised, thanks for a great time!”**

**LAUREN, OXBRIDGE SCHOOL**



## FIRST AID PROVISION

Every member of our team is a trained First Aider and will carry first aid kits with them on all activity sessions.

## SAFE GUARDING

We have a Safe Guarding and Protecting Children and Vulnerable Adults Policy which we practice at the centre.

## DBS CHECK

All instructional staff have an enhanced DBS disclosure to ensure group safety.



COACH  
PARKING



PICNIC AREAS



LARGE GROUP  
SIZES



FOOD OPTIONS  
AVAILABLE



SHOWER &  
CHANGING



FULLY QUALIFIED  
INSTRUCTORS







# YOUR VISIT

Once you have booked your visit you will be sent all the information needed for your activity including a kit list so all you will need to do is turn up on the day.

**“I would like to thank all involved from initial phone call through to booking, as it was a huge success! all the group want a return session soon”**

**STEVE HIRST, DURHAM COUNCIL**



## EQUIPMENT

All of the watersports equipment that we supply is top of the range and maintained to a high standard. All groups undertaking activities on the water will be issued with a full set of protective clothing including wetsuits, waterproof tops, helmets and buoyancy aids.

For non water based activities we suggest wearing comfortable clothing and sensible shoes / trainers.

## ACTIVITIES

You will be met by one of our team in reception at the start of your visit. The instructors will brief the group on the activity that they will be participating in and give an introduction into the equipment and techniques they will be adopting. Following the session the group will be debriefed and then have chance to use our warm showers in the changing rooms.

## FOOD AND DRINK

Hot & cold refreshments are available from our on-site cafe.

## PARKING

Tees Barrage has ample free parking for coaches, buses and cars. Places can be reserved for private bookings.







# ACTIVITIES

We pride ourselves on delivering a fantastic experience for any occasion and can cater for everyone regardless of their budget or group size.



High Ropes Course



Raft Building



White Water Rafting



Kayaking



Stand Up Paddleboarding



Bellboating



Powerboating







## EDUCATIONAL VISITS

Duration: Typically 1 hour

Ages: 4+

Outcomes: Hands-on learning and team work

Outdoor education can lead to enhanced motivation and creativity as well as showcasing personal growth and breakthroughs in learning back in the classroom. Our educational visits will give students the opportunity to explore and experiment in natural surroundings as well as a chance to feedback and reflect after their visit.

Not only is the white water course a spectacular site for users and spectators it also has huge benefit linking curriculum based learning to offsite visits. A guided tour of the facilities would tick lots of boxes depending on which educational aspect you wish to fulfil.

Our guided tours investigate all aspects of the environment around us and get students involved with fun and interactive ways of learning. Each session has hands on games and tasks to keep students curious and focussed on learning. A typical visit could include any or all of the below. Detailed information on a specific area of interest can be determined dependant on your learning objectives.



# TEAM BUILDING

Duration: typically 2 hours

Ages: 8+ (can be tailored to suit)

Outcomes: Strategic thinking and planning, communication skills and recognising achievement

Our team building games are always a favourite with groups! We offer a range of activities designed to look at a team rather than the individual. Specifically designed games and tasks like 'acid drop', 'duck hunt' and 'raft building' are an excellent way for students to communicate effectively with each other in order to solve problems and have lots of fun in the process!

This is an ideal activity for children who may have issues with confidence and being able to express themselves.

**“The team building was great – the staff made a real impact on everyone! We saw just how and why team building really works”**

**KATH SEDDEN, VEOLIA UK**





**“Its a great day for groups of families, friends and work colleagues to get together and do something completely different.”**

**VICTORIA ROGERS  
EVENT FUNDRAISER,  
BUTTERWICK HOSPICE CARE**

## PADDLESPORTS

Duration: typically 2 hours

Ages: 8+ (can be tailored to suit)

Outcomes: Listening to and following instruction, balance & coordination and fundamental paddling techniques

Paddlesports is a fast growing and popular area of recreation with many disciplines to discover from sea kayaking, to slalom and canoeing to flat water kayaking.

A paddlesports experience will involve an introduction to the equipment and techniques needed to get started on the water, before building up to explore more of the water. A variety of fun and interactive games including ‘stuck in the mud’ will add a whole new dimension to the words play time!

### PROGRESSION:

- Introduction to paddlesports courses
- Paddlesport development courses: Paddlepower or BCU 1, 2 & 3 Star awards
- River Trips on local rivers or further afield







# STAND UP PADDLEBOARDING

Duration: typically 2 hours

Ages: 10+ (can be tailored to suit)

Outcomes: Strategic thinking and planning, communication skills and recognising achievement

The UK's newest craze is great fun and sure to create some laugh out loud moments. Make sure you have a camera at the ready as not many can escape a good drenching.

Stand Up Paddleboarding will require the ability to listen to instructions carefully and take direction whilst improving balance, coordination and core strength.

A fantastic activity to de-stress and improve morale whilst exploring the River Tees like never before.







## WHITE WATER RAFTING

Duration: typically 2 hours

Ages: 14+ (can be tailored to suit)

Outcomes: Teamwork, relationship building and water confidence

Our highly trained instructors will show you the basics before turning up the heat and taking you down the white water course and tackling the rapids and drops.

The participants will have to work as a team to successfully navigate the full length of the course, but will always come out with a smile if a little wet.

This activity is great as a reward to students or can be made into a competition with teams battling for the fastest time down the course.







## BELLBOATING

Duration: typically 2 hours

Ages: 8+ (can be tailored to suit)

Outcomes: Teamwork, relationship building and water confidence

Bellboating emphasises planning, communication, leadership and team work skills. It is also a great way to experience the river because it is a very stable craft, making it perfect for groups of mixed abilities. Students will work together as a team in a number of water based games.

The stability of bellboats makes them perfect for children and people who aren't used to being on water. They take little effort to pick up pace and can cover a good distance.

**WE CAN HELP YOU TO ORGANISE INTER SCHOOL REGATTAS RACING UP TO 4 BOATS AT ONCE - ADDING AN ELEMENT OF HEALTHY COMPETITION**







## AIR TRAIL HIGH ROPES

Duration: typically 1 hour

Ages: No minimum age but height restrictions apply

- Participants over 1m (3ft3in) can adventure on Air Trail if accompanied by a responsible paying adult over 18.
- Participants over 1.2m (4ft) tall and over, but no taller than 2.08m (6ft8in) can explore air Trail by themselves.
- The ratio is 1 paying adult to every 2 children if under 1.2m.

Outcomes: Confidence at heights, balance & coordination.

Teamwork (can be introduced on private sessions)

Air Trail is a new, challenging high ropes course set over 4 levels, with over 38 unique challenges to test your balance and coordination. Air Trail is the biggest of its kind in the UK and ascends 18 metres high above the River Tees.

Blindfolds can be introduced to encourage teamwork while working in pairs to successfully navigate Air Trail.

This activity is truly unique and guaranteed to leave a lasting impression on those who partake.







**“The students had a fantastic day. It was great to see them interacting with each other and having fun outside of the classroom environment.”**

**CHARLOTTE  
STOCKTON RIVERSIDE COLLEGE**



## ON SITE CAFE

Cooks Cafe Tees Barrage is our onsite caterer located on the top floor of the main building with stunning views looking over the River Tees and Air Trail.

It serves a wide range of refreshments including hot snacks, light bites, delicious cakes and hot drinks - the perfect spot to re-fuel after your session.



## FACILITIES & INFO

Our venue offers a wide range of facilities which are sure to suit all of your needs. All of your equipment is provided for your visit too so all you have to do is turn up on the day.

If you require any more information about your visit please don't hesitate to get in touch with us and we will be more than happy to help.



## HOW TO FIND US

From the A19 North or South:  
Turn on to the A66 signposted Darlington, keep in the nearside lane and take exit signposted Teesside Retail Park. Follow the brown tourism signs for Tees Barrage.

From the A66 East or West:  
Take the exit signposted Teesside Retail Park and follow brown tourism signs for Tees Barrage.





# THE HOME OF ADVENTURE IN THE HEART OF THE NORTH EAST







**WWW.TBIWWC.COM**  
**WWW.AIRTRAIL.CO.UK**



**TEES BARRAGE**  
**INTERNATIONAL WHITE WATER CENTRE**  
TEES BARRAGE WAY  
TEES BARRAGE  
TS18 2QW



This facility is managed by Tees Active Ltd.

**01642 678000**  
**ENQUIRIES@TBIWWC.COM**